

Learn-n-Cruise Course Checklist

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**Thank you for choosing San Juan Sailing for your sailing instruction!
We hope you will find this checklist helpful for your planning.**

STUDYING

- These following texts are required: *Sailing Made Easy*, *Coastal Cruising Made Easy*, *Bareboat Cruising Made Easy*. All three books are by ASA. You can order at the ASA store <http://store.asa.com/asa-textbook-starter-bundle.html>, at Amazon or check out at your library. Also texts are also available on through iBooks.
- Plan to arrive having fully prepared, reviewing the three texts along with the course curriculum, so that you're ready for written exam. You'll be too busy with hands on sailing to spend hours studying, and we want you to enjoy your down time relaxing, exploring the various ports and enjoying the cruising experience.

ABOUT YOUR CLASS

- Please arrive at 11:45 am on Saturday. After we've introduced you to your instructor and fellow crew members, your provisioning will have arrived and you'll start loading your gear and food. You'll make lunch together as a group, and get to know each other over sandwiches onboard. In the rare instance your boat isn't ready right at noon, you will all head to the nearby Web Locker Café, for a no host lunch.
- Sailing can be a rigorous endeavor, particularly when learning. **Be prepared to be very active while on a moving boat.** If you are sedentary, it would be a good idea to start a moderate exercise program including some upper body training.
- We provide all the food for your weeklong course. The meals are excellent (salmon, steak, etc.), but let us know if you have any dietary constraints.
- Many people ask us if it is common practice to tip their instructors. It is. Tip size varies and is left to your discretion. 10-15% is common or \$25/day.
- Alcoholic beverages are allowed at dock or at anchor, with a limit of 2 drinks for the safety of all aboard. We do not provide alcoholic beverages, but you are welcome to bring your own.

TRAVEL

- Written directions to SJS are located below.
- Hertz and Avis offer one day/one way car rentals with no drop-off fee between the Sea/Tac and Bellingham airports.
- There are several connection flights offered daily by Horizon Air, between Bellingham and SeaTac.
- The Airporter Shuttle provides van service between SeaTac and Bellingham (www.airporter.com).

PACKING

- When packing, think layered and compressible. Soft bags rather than hard luggage please!
- Packing list:
 - We provide all bedding (comforter, pillow and linens). You are welcome to bring your own sleeping bag or extra blanket if you prefer. Bring warm clothes for sleeping, esp. in spring/fall, as heat is off at night.
 - Earplugs (to block out sound at night, if needed)
 - Bath towel and personal toiletries
 - Windbreaker
 - Fleece top
 - Wool socks
 - Layered clothing – polypropylene long underwear
 - Warm cap or hat and shorts
 - Sailing gloves (optional)
 - Sunscreen and chapstick with SPF
 - Sunglasses and if applicable, reading glasses
 - Rain gear (need not be expensive)
 - Soft-soled non-marking shoes (deck shoes are preferred)
 - Textbooks for course
 - Calculator and mechanical pencil with eraser
 - Optional: Camera and Music, cigarette charger for your cell phone
 - We provide vest-style PFD's (personal flotation)



Directions to San Juan Sailing

Drive north on I-5 from Seattle. Take exit 256A "Meridian Street" once you reach Bellingham. Left onto Meridian Street. Right onto Squalicum Way immediately after driving over railroad tracks. Follow Squalicum down to waterfront. Right on Coho Way after driving over railroad tracks again. Straight down towards the water. Turn right at the 4-way stop in the parking area and you should see our office.

For more on travel: <http://www.sanjuansailing.com/charters/getting-here.html>

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