

Packing List

(For the Learn-n-Cruise, Catamaran and Advanced Weeklong courses)

Please pack carefully. Be prepared for both cool and warm temperatures and remember that informal clothing is the rule in the islands. Please avoid suitcases by packing your gear in a pliable bag. Everyone will appreciate each other respecting the fact of limited storage space.

Suggested items to bring:

- We provide all bedding (one comforter, pillow and linens). You are welcome to bring your own sleeping bag or blanket to add, if you prefer.
- Bring warm clothes for sleeping. While all our boats have heaters, they generally are not run continuously at night. Even in the summer months, the temperature on the water is cooler than on land. Standard practice for sleeping on a boat is to have layers (even if just nearby, ready to toss on in the early morning). Extra layering options, such as a sweatshirt, sweatpants, or socks will ensure that you're warm as the temperature on boats can be cooler than at home.
- Personal water bottle and earplugs (to block out sound at night, if needed).
- Bath towel, shower flip flops, personal toiletries. Sailing is a bit like "glorified camping" as showers onboard are either "sailor's showers" – where water is quickly on, soap up, rinse off quickly, or sponge baths. There will be opportunities every few days to shower ashore when facilities are available (bring quarters for showers).
- Fleece top and pants, windbreaker and shorts
- Bathing suit (there may be a marina stop that will include pool and/or hot tub)
- Wool socks
- The key is clothing that can be layered or un-layered depending on the weather. Polypropylene or Capilene long underwear recommended.
- Warm cap or sun hat – usually depends on time of year
- Sunglasses and if applicable reading glasses
- Sunscreen and Chapstick with SPF
- Rain gear (any PVC will do - - it need not be expensive)
- Soft-soled non-marking shoes - good quality deck shoes are an excellent investment.
- Textbooks for course
- Camera and Music CD's or iPod
- 12V (cigarette lighter) charger for cell phone
- Calculator and mechanical pencil with eraser
- Wine, beer, or beverage of choice (allowed after anchor only, with 2 drinks maximum per evening).
- We provide vest-style PFD's (personal flotation devices) onboard our boats.

US currency: Docking fees for two nights for Learn-n-Cruise courses and one night for the Catamaran and Advanced Weeklong courses are paid for by SJS, however, should there be any additional docking (at the choice of all students and the instructor) the fees are split among the students and the instructor. We encourage anchoring for the learning experience. You'll also want to bring quarters for showers ashore or if you intend to do laundry.