

# Preparing for your Learn-n-Cruise



## Steps...

1. **ASID NUMBER** - If you have never taken an ASA course before and do not have an American Sailing Identification number (ASID), then the first item for you to complete is to register and receive your ASID. This only takes a few minutes. Complete and send to [school@sanjuansailing.com](mailto:school@sanjuansailing.com). Follow this link: [ASID Registration](#)
2. **PAPERWORK** – After you register, you will receive a registration email. There will be four forms that need to be signed and returned to us, the Registration Form, Student Survey, Student Agreement, and ASA waiver. Right after you register, you'll want to sign and return those forms to [school@sanjuansailing.com](mailto:school@sanjuansailing.com).
3. **TEXTS** - You'll need 3 texts to prepare for your course...Sailing Made Easy (for ASA 101), Coastal Cruising Made Easy (for ASA 103), and Bareboat Cruising Made Easy (for ASA 104). All books are by American Sailing and are available on the ASA website at [ASA Store](#), Amazon, bookstore or your local library. You'll want to be prepared to take the written exam for ASA 101 on the first or second day of the course, with the other exams to follow every few days.
4. **STUDY, STUDY, STUDY!** – Pre-study is extremely important to your success in this course. You'll be too busy with hands-on sailing during your course to spend hours studying, and we want you to enjoy your downtime relaxing, exploring the islands, and enjoying the cruising experience.

Here are some hints to help you prepare:

- a. Thoroughly read all three textbooks prior to arriving for your course.
  - b. Use the attached curriculum as a study guide. Use the texts to look up and review each item in the "knowledge" section of the curriculum.
  - c. Free ASA 101 Online Prep Course: This link waives the registration fee: [Free Code](#)
  - d. ASA 101 Study Cards: Covers basic sailing vocabulary and concepts. You can order the cards online through the ASA store at: [ASA Store](#)
  - e. Additional study and sailing resources: [Resources](#)
5. **PHYSICAL PREPARATION** - Plan to be very active with approximately 8 hours or more of engaging instruction most days aboard. If you are sedentary, it would be good to start a moderate exercise program, including some upper body training.
  6. **PACKING LIST** – Follow this link for a list of what to bring: [Packing List](#)
  7. **ARRIVE FOR YOUR COURSE** – Please arrive at our office between 10:30-10:45 am on the first day of your course (always a Saturday). You'll meet your crewmates, provisioning will arrive, and you'll load

your boat together and have lunch onboard. Directions to our office and information on traveling here, including hotels that offer a discount to our guests: [Getting Here](#)

## Other Details...

- Your course ends at 10:30am on Friday.
- Sleeping accommodations are decided as a group when everyone arrives. Our instructors always take the least favorable option. All bedding is provided.
- Find FAQs here (e.g., class size, provisioning): [FAQ's](#)
- Tipping is common, but by no means expected or required. Amounts are variable but those who choose to do so are typically in the range of \$10-\$50/day. More details in the [FAQ's](#)
- Weather conditions in the San Juan Islands: [Weather](#)

## Important Policies...

- Please note that your course requires a 3-student minimum to confirm. We strongly suggest not making any travel arrangements until your final balance is run (45 days prior), at that time the course is firm.
- Smoking and vaping are not allowed on the boat at any time. For the safety and learning of all aboard, alcoholic beverages are allowed only after instruction, when at dock or at anchor, with a 2-drink limit. The US Coast Guard does not permit any recreational drugs aboard a boat at any time.
- Do not come to your course if you are ill. Contact us immediately if you are coughing, sneezing, have a fever, cold, or flu-like symptoms. While we can't refund you for your course, we'll work with you to try to reschedule your course for a later date, on a space available basis (two weeks prior). However, due to full courses and busy life schedules, space-available rescheduling can be difficult to make work, so to protect your investment we highly recommend cancellation insurance.
- In the rare case that a student becomes ill during a course, we will require that student to wear a mask inside. Our boats generally have a small supply of masks, but we recommend you pack one.
- We highly recommend you purchase travel insurance for unforeseen illness, schedule conflicts or injuries. Travel insurance protects your investment, and reasonable rates can be found through these links: [Travelguard](#), [Generali](#), or [World Nomads](#).

## Questions?

We are here to help! Feel free to email us at [school@sanjuansailing.com](mailto:school@sanjuansailing.com) or call at 360-671-8339.